



## Embracing the Truth of Your Divinity

### ~ Balancing Male and Female Energies Within ~

*“Divinity is the Infinite Light and Eternal Love of who we are, expressed by our physical vessel, for personal and shared realities in expanded and multiple experiences.”*

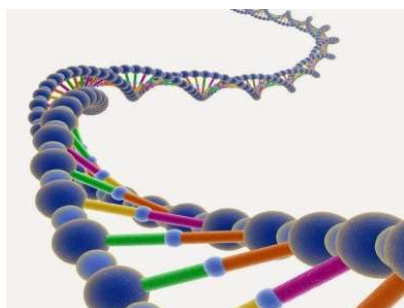
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Have you ever found yourself in a difficult situation or circumstance and had the thought *“What in the world did I ever do to get myself in this mess; what was I thinking!”* I have experienced many times like these and most likely you have too.

*Thinking* too much can create a web of confusion that gets deeper and deeper with each thought; add intense feelings to it, align it with intention, and we have creation! Of course, the nature of our thoughts and feelings determine the outcome or manifestation of our creation.

Let me go way back; back to early childhood memories. At a very young age, I do remember being afraid of male authority, and felt inferior in the presence of males. I had no reason or recollection to validate this fear that I experienced. My father was a very gentle soul, who loved and cared about his family and worked hard to support us.

Let me go forward to adulthood; forward to years of learning through marital relationships. The theme seemed to be the same, I played the passive, intuitive, nurturing, empathetic and emotional one, allowing my partners to form the structure of our relationships and make the important decisions.



In my present day understanding, I realize any fear that I experienced at an early age, coupled with thematic roles I played with my partners, were installations of ancestral and biological programming.

A summary from The Biology of Fear and the Caudate Nucleus DVD states:

*“JZ Knight explains that fear is not the fabrication of emotion but a biological, neurological place in the brain connected to the caudate nucleus. We are born with it. It is the result of persecution in life and centuries of being suppressed for our ideas, for being different, thus never making know the unknown. When fear is dominant in us, we never know joy and freedom of Spirit and are afraid to change. It is possible to conquer our fears and move beyond them when we work on our evolution and knowing ourselves.”*

Fear seems to be a catapult for acting out deep seated beliefs that can create a multitude of negative emotions. Fear is generated within the mind and Love is generated within the heart. This leads to a separation or conflict within us; we cannot live in both states at the same time. When we are in fear, we are out of Love. When we are in Love, fear cannot exist.

*Could this be free will in its simplest form; to Love or to fear?*

Humanity is discovering that biological programming can be altered or deprogrammed, while ancestral DNA can be transcended. Through personal experience, discovering the root of fear and then healing, clearing, and transcending limiting beliefs and emotions has been the key to experiencing my Divinity.

*What if we, as individuals or as a collective, had a part to play in the initiation of ancestral biological programming?*



I consider one of the major reasons we are on this planet today is to bring the varied intensities or polarities of masculine and feminine energies into balance, within our inner and outer world. As we do this, we will eventually find stillness or a zero point in which a merging of these energies takes place. Then we will create a harmonious existence for ourselves and others in our lives.

The Feminine refers to the pure creative potential before it is manifested into form and the ability to give birth to energy.

Positive energies include:

*intuition – inspiration – creative impulse – openness – receptivity – compassion – empathy –  
nurturing – artistic talents*

*The Masculine refers to the ability to manifest into any form which the feminine inspires us  
to create. This allows us to set limits and boundaries.*

Positive energies include:

*clarity – courage – strength – groundedness – structure – assertiveness – focus – scientific  
and mathematical thinking and understanding*

I now *live* my life from new perspectives that allow greater awareness and lightness of heart.

- Labels of Masculine and Feminine are only forms to organize specific types of energy that we have either created or absorbed from others.
- Masculine and Feminine energy can express itself in either a male or female bodily form.
- Realities of existence are created through individual and shared consciousness; as *sovereign* beings, we have the authority to revise, rewrite, re-negotiate, or Birth a new reality.
- There is a *bigger* or *expanded* understanding of Divine Expression that we are all moving towards.

***How does it get any better than this!?!***

*Embrace the Truth of Your Divinity ~ Balance the Male and Female Within*

*Love and Namaste on your path of Self-Discovery, ~Jackie*

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