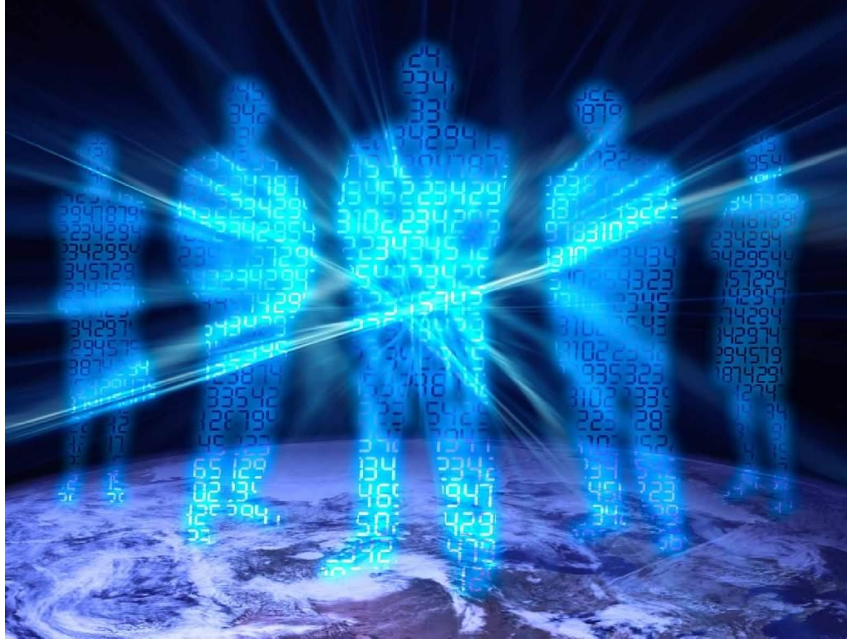




# Embracing the Truth of Your Divinity

*~ Discover & Explore YOU ~*

**2020**



***“It doesn’t matter who you think you are...  
you are always more than that!”***

**What if... this is the year for you to discover and explore the “more”?**

As we flow through our everyday lives in ways that bring Balance through Conscious Awareness and instill Harmony through Compassionate exchange, we are Embracing our Divinity, and Allowing IT to lead the way.

When in this state of Divine Allowance, we have the ability to know and communicate with the “more”, our Soul/Star/Multidimensional Aspects, that are waiting for acknowledgement and possible integration.

***“All the world’s a stage and all the men and women are merely players...”***

*~ William Shakespeare ~*

We can consider our Soul/Star/Multidimensional Aspects as facets or parts of who we are. As a Diamond has many facets, so do we. These facets (Aspects) make up our whole or complete Soul Being and play various roles throughout lifetimes. We can choose to communicate and commune with, and/or integrate these Aspects of ourselves, within this lifetime.

As we Discover and communicate with our Aspects we gain a deeper understanding of Who we Are and develop greater Compassion for ourselves and those that we choose to have a relationship with.

### **How do we discover our Soul/Star/Multidimensional Aspects?**

We begin with an understanding of our Human Soul/Spirit, its needs and desires, followed by a healing, clearing, and releasing of any unwanted emotions and issues, so that Discovery begins with a clear mind and heart. During this process, any habits that are expressed through a dualistic consciousness are harmonized; limiting beliefs are transcended and new perspectives become available.

After understanding that our Human Soul/Spirit has dominion, we can feel safe to Explore our Aspects. This sounds easy, yet this was one of my most challenging areas to actually make real or Realize. In the beginning of my awakening journey, I felt a lot of resistance to this Truth.

Listed below are four main areas of Human Needs that if left unfulfilled, may be a source of resistance and prevent you from Discovering more of Who You Are.

### ***What percent (0-100%) are you fulfilled in the following areas?***

#### **Self-Worth**

Do you have compassion for yourself and accept all that has come before you... *no matter what? Forgiving yourself is to let go of any past influences and allow yourself to place the "good memories" in the forefront.*

#### **Health**

Do you love and appreciate your body?  
Are you taking conscious deep breaths throughout the day?  
Do you drink plenty of water daily?  
Are you giving yourself time away for body rejuvenation?  
Do you listen to your body and respond accordingly?

#### **Abundance**

Do you believe you deserve abundance?  
Do you believe there is more than enough to go around?

#### **Relationships**

Do you have a good relationship with yourself? *This is the first and most beneficial relationship to have.*  
Do you choose relationships that inspire you and allow you to inspire others?

As patterns of negativity are resolved and their corresponding beliefs transcended, you will feel Confident to begin the process of Discovery and Exploration of your Multidimensional Aspects knowing that your lessons have been learned and may never need to be repeated again.



*NOW... the Magic begins...*



For more information read my partner's article: [Dear Cosmos: December 2019 & January 2020](#) in this magazine for details on First Contact which will go into more detail pertaining to "Your Spiritual Makeup".

*Embrace the Truth of Your Divinity  
Discover and Explore Your  
Soul/Star/Multidimensional Aspects*

*Love and Namaste on your Inner path of Self-Discovery & Mastery*

*~ Jackie ~*

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