

***Defense Frequencies* for Better Immunity**

Jill Mattson

In early March, I was awestruck with the devastating worldwide spread of the Coronavirus Pandemic. I immediately thought of Sharry Edwards, who I have known for 20 years. I was familiar with past work that she had done studying viruses and pathogens and protocols that she had developed to alleviate the effects of these - all based on sound frequencies. I contacted her to see what we might be able to do together. As I expected, Sharry had already been hard at work on possible solutions to this virus scourge.

Sharry Edwards' life work has been studying Sound Frequencies as they relate to living organisms and the many interactions and possibilities that exist and link the two realms. She has opened up a new field of investigation - a proto-science, concerning all this - which she calls BioAcoustics. I (Jill Mattson) have worked for over 30 years in a kindred field, which I refer to as Sound Healing. Sharry's specialties include identifying and applying special Frequency Equivalents™ to assist the human body - in an amazing number of diverse ways. My skills are centered around composing music and utilizing/applying Sound Energy and music, teaching, writing, and making these powerful tools available to the average person.

How our work helps against the Coronavirus

Before I try to explain how our work can help against the coronavirus pandemic, I MUST make clear that we are NOT medical professionals. PLEASE READ DISCLOSURE DISCLAIMER on the website: CoronaVirusDefense.org.

We do not intend to give any medical advice or provide any treatments. We completely support the recommendations to do Social Distancing and Hygiene practices etc. Contact your doctor if you are not feeling well. We believe in the value of our medical system, and we want what is best for everyone. We also do not believe that our work - compelling as it is - is in any way a substitute for proper healthy behavior including diet, exercise, and rest. We firmly feel that we offer something that can help some people significantly. We first want to make sure that we DO NO HARM.

That said, we believe that the work that Edwards and Mattson have collaborated on can be most beneficial. Though Edwards has had success in directly combating some viruses in the past (see website section on Historical Cases - BioAcoustics), in the instance of the Coronavirus, the best option appears to be providing the frequencies of two essential compounds ***to strengthen the immune system***. Edwards has been able to determine that with the onslaught of the current pandemic, the body is in dire need of specific nutrients to help counter the Coronavirus; two critical ones, according to Edwards, are ***glutathione*** and ***quercetin***. A healthy immune system always needs these nutrients - and seemingly in the case of the Coronavirus, they are especially essential. We can eat foods that are good sources of these nutrients, such as:

- For glutathione - asparagus, avocado, cabbage, Brussels sprouts, spinach, broccoli, garlic, chives, tomatoes, cucumbers, almonds and walnuts
- For quercetin - onions, apples, grapes, berries, broccoli, citrus fruits, cherries, tea, and capers

Research has shown that glutathione is an antioxidant in plants, animals, and some simple organisms. It has been shown to be a critical component in the lymphatic system - supporting the immune system. It has also demonstrated detoxification benefits. Quercetin has exhibited a wide range of health benefits, including the ability to reduce inflammation, reduce pain, protect against cardiovascular diseases, anti-cancer agents, boost the immune system, reduce histamines, fight allergic reactions and skin irritation.

Sharry has done some fantastic work on the Coronavirus, and she has made available some ***countering frequencies*** that I have turned into energy-packed audio recordings that are available for downloading and listening - **NOW! AND THEY ARE FREE OF CHARGE!** Everything is contained in 18 mp3's totaling 70 minutes in length.

I am calling the collection of our collaborative effort: ***Frequencies for Defense*** ~ **Sound Healing Protection for your Immune System against the Coronavirus.**

Visit CoronaVirusDefense.org to get the free mp3 downloads now! Plus, other valuable information.

The music available on this site includes nine frequencies that Sharry Edwards identified to help strengthen the harmony of the body against the attack of the Coronavirus. These sounds stimulate the body to build a wall of "sound protection" against the virus. The sounds are specific packets of energy aimed to support the harmony and strength of the immune system.

Listen to Mattson's compositions containing Edwards' Frequency Equivalents of glutathione and quercetin. Your body needs a healthy dose of these energies, and this is a powerful way to get them. Altogether ***Frequencies For Defense*** consists of 18 tracks that range from about two minutes to seven minutes. The free mp3 tracks will sound like pleasing instrumental music on the surface. However, these compositions are deep, multilayered tonics. They are filled with the emanations from over 20 conventional instruments plus - most importantly - the frequencies for critical components needed by your immune system. In addition to the glutathione and quercetin, mentioned above, we have included seven other substances that will empower the effectiveness of the immune system and increase the overall efficacy of these mp3s. Some of the other frequencies included are for: Vitamin C, adrenaline, ephinephrine, ACTH, and others.

Mattson's music that contain these frequencies is called ***Crystal Realms*** - "Enchanting Music With Frequencies of uplifting Flower Essences and Crystal Healings". Absorb the positive energy of the instrumental music and special embedded frequencies for emotional clearing and healing. There are frequencies for ***a dozen flower essences*** and ***twelve crystals!*** All remain in the ***Frequencies for Defense*** collection. The music is profoundly calming and provides a peaceful feeling amidst the tension surrounded by the coronavirus epidemic. When your body is at peace and relaxed, it devotes more energy to the building and repair of your body.

[Please listen and download the free Music Files at coronavirusdefence.org](http://coronavirusdefence.org)

Or ... **<https://www.jillswingsoflight.com/frequencies-for-defense.php?>**

Background | BioAcoustics & Sound Healing

Sharry Edwards & Jill Mattson

Sharry Edwards has devoted her life to researching and globally sharing the benefits and knowledge of a new field of science that she has named BioAcoustics. Instrumental in BioAcoustics is using Frequency Equivalents™ to provide harmony in the body. An upset in the body's wellbeing is usually evidenced by missing or over-abundant frequencies. Sharry can detect such missing or out-of-balance frequencies and her findings have shown that by restoring missing essential frequencies and harmony to the body, it can usually heal itself.

All living things, many inanimate objects, nutrients, and pathogens have a Frequency Equivalent. These items have a physical aspect AND they also possess a vibrational nature - a Frequency Equivalent. As an illustration, Sharry has determined the Frequency Equivalent of niacin, a nutritional supplement that when ingested can often make your face flush. When you listen to this sound - the Frequency Equivalent of niacin - your face will also flush, without taking any physical supplement. The body appears to use/treat the frequency equivalent in the place of the ingested physical substance. In another, vastly different example, music has the capacity to deeply affect our moods. Frequencies found in music can evoke an emotional reaction. These are two very different but specific ways that frequencies can interact with us - touching our physical and emotional selves.

Without attempting to get technical - Sharry's BioAcoustics relies on mathematical relationships. The human body also has math embedded in its many systems. An important technique in BioAcoustics identifies a harmonic pattern of sounds within the body. A frequency that is out of coherence with the rest of the body's harmony can be altered to support health and wellness. One of the breakthroughs that Sharry has achieved with BioAcoustics is the discovery of the mathematical foundation of the body in its interaction with and use of frequencies.

I (**Jill Mattson**) am a musician, composer and a long-time student of Sound Healing and the (more esoteric) Traditions and Techniques of Sound and Music throughout the ages - for the benefit of mankind. I have learned especially valuable information from Ancient Civilizations. After much study and effort, I learned how to compose and produce multi-dimensional Musical & Sound Healing Works. I believe that Sound Energy is uniquely powerful and that it has the ability to interact with us on many levels... the physical and subtle energetic to name two of the most important.

I have learned to lay down track after track of music combined with all manner of musical instruments and specific sonic frequencies... frequencies from Flower Remedies, vitamins, complex chemicals such as amino acids and crystals, emanations from tuning forks, sound generators, chants, vocals and more. These sources are combined in one deep composition - of many layers - many tracks. It is analogous to an entire orchestra playing together at one time - but the combination is designed to impart unique and specific energies and frequencies beyond just the music. The listener cannot detect all of the components present. However subtle, low volume tones can be immensely powerful even though you are not consciously aware of their presence. I wrote the music and performed it using many instruments. Many of my works sound like pleasing musical compositions but there is always much more going on than that. My gifts are my musical and compositional skills to discover and combine balancing and harmonizing tones, special frequencies and much much more. I believe my approach with Sound & Music is the perfect vessel for Sharry Edward's directed frequencies.

Hopefully, with the above explanations, it becomes clear why Sharry Edwards and I decided to work together to use the frequency equivalents that she determined will strengthen the body against the coronavirus. I have created a matrix of music, and these efficacious frequencies are embedded in that music.

Bio

Sharry Edwards was named *Scientist of the Year* in 2001 for her work in BioAcoustic Biology by The International Association of New Science.

Sharry Edwards™ is the pioneer in the study of Human BioAcoustic Biology. Her 30 years of research are being used at the Institute of BioAcoustic Biology in Albany, OH.

Sharry Edwards' work is now included in The Duke University Encyclopedia of New Medicine, by Leonard A. Wisneski and The Scientific Basis of Integrative Medicine, by Lucy Anderson. The effects of BioAcoustic Biology, now accepted by these prestigious medical encyclopedias, have unlimited health and wellness potential.

Jill Mattson is a prolific Artist, Musician, and Author. Jill is a widely recognized expert and composer in the field of *Sound & Color Healing!* She has also produced nine musical CDs with intriguing, magical tracks using ancient & modern techniques & unique healing frequencies to achieve profound benefits. Jill is a four-time author.

Crystal Realms CD – Best Sound Healing CD of 2017, Best Overall Music (popular Vote and Industry Leader's Choice – Gold Awards),

The Lost Waves of Time – Best Book of 2016 and Best Alternative Science book of 2016,

Deep Wave Body Healing CD– Best Sound Healing CD of 2016,

Contacting Angels & Masters CD – Best CD of 2015

Deep Wave Beauty CD – Best New Age CD – Silver Award).

Jill has been featured in hundreds of teleseminars, radio talk shows, and in magazines!

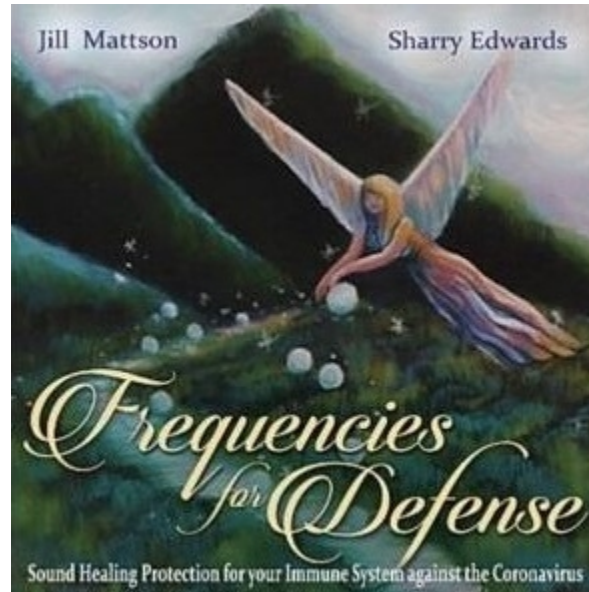
She offers an online Sound (& Color) Healing School. Jill presents new ways of approaching health and everyday issues, using the benefits of sound and color! Free music & School of Sound Healing at <https://jillmattson.com>, and <https://Jillswingsoflight.com>

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<https://www.jillswingsoflight.com/frequencies-for-defense.php?>

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That's why we are giving you two download addresses.

If you don't get through, try again later. It's important!