



## Holiday or Winter Solstice Water Ceremony for Loving Creation ...

By Sandy Penny

Have a glass pitcher of water at the center of your circle on a little table or on the center of your altar or on your dinner table for a meal. Lemons are ok to add or not. Tape some words to the glass like love, joy, abundance, confidence, whatever comes to you. Anything you want to create.

**Announce:** At this time when we are in the darkest days of the year, this is an opportune time to go inward and be inspired to contemplate and bring forth what we would like to birth when spring arrives. What we plant now will gestate, grow, bloom and come to fruition later in the year. It's time to release our fears and return them to the darkness from whence they came.

Hold up the water pitcher and announce: This water is a vessel for transforming our core being and infusing us with all our heart's and soul's desires.

**Repeat 3 times each:**

1. I release all my fears.
2. I claim the light of unconditional love.
3. I release my limitations.
4. I claim the confidence to follow my heart knowing that blessings will follow.
5. I release my deepest hidden pain.
6. I claim the joy of transformation.
7. I release the hurts of my childhood.
8. I claim the ability to laugh, play, trust and receive again.
9. I release sadness and disappointments.
10. I step on the path to my brighter future.
11. I release all the layers of my physical pain.
12. I claim the perfection in which I was created.
13. I am whole.
14. I release the subconscious patterns imprinted on me by my parents and my society that impede my highest good.
15. I am clear and reborn.
16. I release all the karmic patterns and games I created in the past.
17. I clear the slate to embrace my new life.
18. I release all my judgments about myself and others.
19. I radiate divine love to bless and be blessed by all I meet.
20. I release my unfulfilled hope, dreams, and desires.
21. My heart's and soul's desires come to me in full fruition.

Speak what you want to see more of in this world and open your heart to the possibilities of manifesting a greater reality. As each of you calls forth what you want to see, visualize your highest desires filling the water with those beautiful visions.

**After visualizing and focusing, say:**

This water contains the hopes and dreams created by love through this focus and/or gathering, and it is magnified by the angels, ancestors who love you, your multidimensional selves, all the beings who help create and maintain this loving world, and the one love that radiates from and through the entire universe.

Now pour the water and share it and drink it after this declaration.



**As you hold your cup of water, repeat ...**

1. I claim my highest good.
2. I receive all that the divine oneness desires for me.
3. I think with my heart.
4. I speak from my heart.
5. I act in accordance with divine love.
6. I live a life of joy, compassion, and divine inspiration.
7. I am abundant in all good things.

Those who want to can take some of the water home and drink it throughout the week or share it with others or water a plant with it to expand the effects. Water is memory, it will remember what you have claimed today and it will recreate it in all the water within your body and anyone who drinks it.

**Repeat together:**

As we have charged this water, so it charges every cell within us. Divine love through me blesses and multiplies all the good I am and have, all the good I give and receive.

Bless the gifts, the givers, and the receivers. Bless and Multiply ad infinitum.

And so it is and ever shall be. And we are always grateful.

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